Course Requirements

Course dates

The Bio Energy Diploma Course will take place part-time across eight modules. Each module will take place on a Saturday 10am - 5pm and Sunday 10am - 4pm (Irish Standard Time IST). Course weekends occur once a month. Your Bio Energy Diploma course programme dates are listed below.

Module	Dates	Year	Location
Module 1	13th & 14th November	2021	Live online class
Module 2	11th & 12th December	2021	Live online class
Module 3	15th & 16th January	2022	Live online class
Module 4	12th & 13th February	2022	Live online class
Module 5	12th & 13th March	2022	Live online class
Module 6	9th & 10th April	2022	Live online class
Module 7	7th & 8th May	2022	Live online class
Module 8	4th & 5th June	2022	Live online class

Course attendance

All participants are required to have full attendance at each module across the Bio Energy Diploma course. This facilitates students receiving the full amount of tuition hours across all eight modules of the course. It also ensures that students receive the highest level of support possible regarding the course material which is being delivered. This includes course material related to self-care, theoretical material and practical application of the Bio Energy protocols, as you learn to become a skilled Bio Energy therapist. Time off during the course should be pre-agreed with the course facilitators prior to the course commencing. Should you require time off during the course please speak with your course facilitator to pre-agree this. Should absence need to occur due to unforeseen illness or other unforeseen circumstances, please contact your course facilitator prior to your course weekend class commencing to advise of your absence if at all possible.

Course time-keeping

We ask that all students adhere to the set class times, break times and lunch times. As students work together in partnerships and in groups while progressing through each module, there is a reliance on students to be in support of each other in these practical elements of the course. Good time-keeping is also stating respect to your fellow students and to the course facilitators. Where a student needs to have time away on a particular course day or cannot make start times, they should advise their course facilitator in advance.

Examination

A three part examination process is in place within the Bio Energy Diploma course. The examination breakdown is:

- 7 x monthly written closed book examination assessments (short question answers). Marks are sent by email to students on a monthly basis prior to the next module commencing.
- 1 x practical examination assessment (1 or 2 x practical mock exam/s are completed in advance of the final practical exam occurring). Feedback is given to students on completion of the mock practical exam. Final marks are provided to students by email on completion of the final practical assessment.
- 6 x case studies (each case study is comprised of 4 sessions with one client). Case studies should commence from module 1. All case studies must be submitted by module 7. Case studies should be submitted to the course facilitator as they are completed. Feedback will be given on each case study. Students should submit their (original) handwritten completed case study notes to their course facilitator by post or scan by email or provide in person (if applicable). Students should also retain a copy of their completed case study notes for themselves. The copies submitted to the course facilitator will not be returned and will be kept on file in compliance with data protection regulations and for accessibility for insurance purposes when and if required.

Pass marks for the Bio Energy Diploma Course

Course aspect	Pass mark	Weighting
Attendance	100%	100%

Course aspect	Pass mark	Weighting
Written examinations	70%	33 1/3 %
(monthly)		
Practical examination	70%	33 1/3 %
Case studies (6 x 4 sessions)	70%	33 1/3 %
Overall course	70%	n/a

Insurance compliance during your Bio Energy Diploma course

- 1. Students are insured to practice Bio Energy with clients within the context of their case studies for the duration of the Bio Energy Diploma Course.
- 2. You will be provided with a client consent form in module 1. This must be completed with each client for each of your 4 case study sessions. This must be submitted to your course facilitator.
- 3. For the duration of the Bio Energy Diploma course, students must follow the guidelines provided by the course facilitators in relation to record keeping within client case studies to ensure compliance with insurance requirements.

Reading List

- The Biology of Belief by Bruce H. Lipton, Ph.D., Hay house.co.uk, ISBN 978-1-84850-335-9
- Shaman Healer Sage by Alberto Villoldo, Ph. D., www.booksattransworld.co.uk, ISBN 0-553-81380-3
- You Can Heal Your Life by Louise Hay
- Hands of Light by Barbara Ann Brennan
- POWER VS. FORCE by Dr David R. Hawkins
- The Code of the Extraordinary Mind by Vishen Lakhiani
- Letting Go: the Pathway of Surrender by Dr David R. Hawkins
- Change Your Thoughts Change Your Life by Dr. Wayne Dyer
- Osho "Intuition..." and any of his books
- Doreen Virtue "Chakra Clearing"
- David Pond "Chakras for beginers"
- Dorothy Harbour "Energy vampires"
- Dr Barbara De Angelis " Soul shifts: Transformative Wisdom for Creating a life of Authentic Awakening, Emotional Freedom & Practical Spirituality"
- Donna Eden " Energy Medicine"

Meridians

The Atlas of Mind Body and Spirit, by Paul Hougham, ISBN: 978-185675-247-3

Mindfulness

- Mindfulness on the go, Padraig O'Morain
- TaraBrach.com audios and articles on website
- Wherever you go, there you are: mindfulness meditation in everyday life. New York: Hyperion, Jo Kabat-Zinn. Kabat-Zin, Jon.
- Soundstrue.com audios

EFT

- EFT for Dummies, Helena Fone
- The promise of Energy Psychology, Gary Craig and David Feinstein
- The Secret Language of the Body, Inna Segal
- Tapping for Kids, Angie Moccillo
- The tapping solution for Parents, Children and Teenagers, Nick Ortner
- You Tube: Gary Craig, Tina Craig, Nick Ortner, Jessica Ortner, Brad Yates