## Bio Energy Academy of Dublin



## **Energy Quotes**

"Everything is Energy and that is all there is to it. Match the frequency of the reality you want and you can not help but get that reality. It can be no other way. This is not philosophy. This is physics." - Albert Einstein

"Everyone should consider his body as a priceless gift from one whom he loves above all, a marvellous work of art, of indescribable beauty, and mystery beyond human conception, and so delicate that a word, a breath, a look, nay, a thought may injure it." - Nikola Tesla

"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration." Nikola Tesla

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"Since the physical body arises out of an energy field, an imbalance or distortion in this field will eventually cause a disease in the physical body that it governs. Therefore, healing distortions in the field will bring about healing in the physical body. Healing is a matter of learning how to heal the field by restructuring, balancing and charging it." - Barbara Ann Brennan

Never take a negative area of your life to be an expression of your true self. Negative areas of your life are expressions of who you are not. They are examples of how you have blocked the expression of your true self."- Barbara Ann Brennan