

Bio Energy Academy of Dublin



Meridians

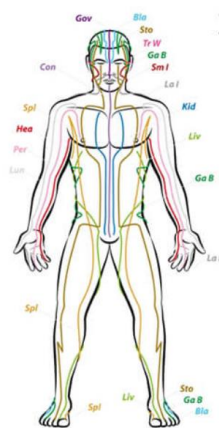
Meridian are like a road map of energy pathways through our energy system / physical body. They are a vast network of invisible energy pathways connecting to each other and to every atom, cell, tendon, bone, organ, each centimeter of skin—everything in your body! They link the upper portion with the lower and the surface with the interior, so that nothing is truly separate.

Meridian Pathways

There are twelve major meridians that run on each side of the body, one side mirroring the other. Each meridian corresponds to an internal organ. And each organ, with its own physiological and invisible energy functions, is not only dependent on the other organ systems but also on the greater meridian network.

Bio Energy Academy of Dublin

Meridians



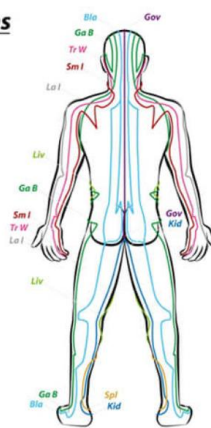
The Body Meridians

Two Centerline Meridians:

Conception Vessel
Governor Vessel

Twelve Principal Meridians:

Stomach Meridian
Spleen Meridian
Small Intestine Meridian
Heart Meridian
Bladder Meridian
Kidney Meridian
Pericardium Meridian
Triple Warmer Meridian
Gall Bladder Meridian
Liver Meridian
Lung Meridian
Large Intestine Meridian



The Two Centreline Meridians are:

1. Conception Vessel (Ren mai)
2. Governor Vessel (Du mai)

The 12 Main Meridians are:

1. Stomach Meridian
2. Spleen Meridian
3. Small Intestine Meridian
4. Heart Meridian
5. Bladder Meridian
6. Kidney Meridian
7. Pericardium Meridian
8. San Jiao / Triple Warmer Meridian
9. Gall bladder Meridian
10. Liver Meridian
11. Lung Meridian
12. Large Intestine Meridian

Bio Energy Academy of Dublin

Auric fields

The aura is the bridge between our spiritual and physical body and is the protective field that surrounds and embraces us, it has seven bands. Each band vibrates at its own frequency. Each one is associated with and corresponds with one of the chakras.

The Etheric body interacts with the physical body 1 inch from the skin and is related to the root chakra. It is white in colour with the energy of a matrix.

The Emotional body allows us to express ourselves and protects our emotions 3 inches from the body and is related to the sacral chakra it is watery in colour.

The Mental body generates thoughts as vibrational patterns called thought-forms. The mental body transmits to the brain, 3-8 inches from the body and is related to the solar plexus. It is yellowish in colour.

The Astral body links us to the astral plane this 4th auric layer is where our spirit guides and teachers dwell and where we cut cords with personal relationships that no longer serve us. It is 6-12 inches from the body and is related to the heart chakra and is pink in colour.

Bio Energy Academy of Dublin

The Spiritual body is where our soul / divine purpose lies. When we are in rhythm with our spiritual body our lives seem to flow effortlessly. It is 14-18 inches from the body and is related to the throat chakra and is blue in colour.

The Celestial body is where we tap into our higher truths and insights. It is 24-32 inches from the body and is related to the brow chakra a silver/gold glow just beautiful...

The Ketheric body connects us to everything and everyone and holds our spiritual purpose and betterment of ourselves. Being in this auric field gives us a sense of togetherness it is 24-42 inches from the body and is related to the crown chakra and is iridescent in colour.

Bio Energy Academy of Dublin

Auric fields

