

Bio Energy Academy of Dublin



Bio Energy for Children

Bio Energy is a highly effective treatment when working with children, from as early as birth.

Children are very open to energy and can easily see and feel energies. They are also not hampered by the belief systems and doubts that adults can hold around this type of work. They are very receptive to Bio Energy. It is also usually quicker to work with a child as their receptivity is so much stronger that the energy tends to release and rebalance more quickly.

From birth we need to look at stresses and trauma that may have occurred. Even in utero any impacts the mother has experienced from stress or trauma or challenges, aspects of this can translate to a baby. This results in imbalances within the baby and child's system which again need release for full balance and harmony to be restored.

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Asking a child if they can see or feel the energy or where you are working. Depending on the age of the child, making it into a game. Children of a young age may not want to sit still near you. You may have to 'direct' your session to them as you would with your remote session.

It is ok for children to watch or listen to something as you work but to steer away from mental activity such as texting or gaming. You can also work on a child as they sleep / early morning / late at night when they may be more relaxed. Work with permission.