



Logo designed by Terry Satterthwaite

## **BIO ENERGY ACADEMY OF DUBLIN**

# The Bio Energy Academy of Dublin Curriculum

### **Student Name:**

Date:

**Diploma in Bio Energy Therapy** 



#### Welcome to the Bio Energy Academy of Dublin

We are delighted you are pursuing the Bio Energy Diploma Course and we want to welcome you to the Bio Energy Academy of Dublin. You are about to begin an exciting journey in your life and we are here to support you in any way we can, so that you can have the best possible experience as you learn the practice of Bio Energy.

Testimonies from past Graduates say that this is a special and amazing course! And it is. I know from personal experience that you will benefit greatly both personally and professionally from the modules that you will go through each month in this course.

We are here to help you achieve and to be the best Bio Energy practitioner that you can be. Our course is structured in a way that each month builds with a natural progression on the preceeding month. And this aids in your own confidence and growth as you become a skilled Bio Energy pracitioner.

Learning the practice of Bio Energy is a great opportunity for both personal development and personal growth. We look forward to being on this journey with you.

Our very best wishes for a great course ahead.

Love and light.

Helen O'Flinn

Managing Director

#### **Everything is Energy**

All matter is energy. Energy cannot be created or destroyed. It is the cause and effect of itself. It is evenly present in all places, at all times. Energy is in constant motion and never rests. It is forever moving from one form to another.

### **Energy follows thought**

## BIO ENERGY ACADEMY OF DUBLIN Managing Director



#### Helen O'Flinn

Helen has always had an interest in complementary therapies as either a standalone option or to compliment other interventions with the ultimate aim to promote self-healing. Having had personal experience of seeing how her own body could heal itself given the right environment, she realised that the right environment has to be created and focused on body, emotions, mind and spirit. She combines her knowledge and experience to enhance and enrich all training programmes within the Bio Energy Academy.

Her passion in life is sharing her knowledge and experience of energy work with others, so that they in turn can bring this amazing therapy of Bio Energy to their friends and families and into their wider communities. A Bio Energy treatment is simple, pure and profoundly powerful.

#### Qualifications

Helen holds a Diploma in Bio Energy Healing. She is also a certified Theta healing practitioner, certified Mindfulness practitioner, certified Emotional Freedom Technique (EFT) practitioner, Cognitive Behaviour Therapy (CBT) Practitioner and Access Bars Practitioner and Facilitator and Dawson Program Corrective Sound Therapy Practitioner.

Helen's career background saw her as a senior corporate management professional. She has worked for multi-national corporations, public sector organisations, NGOs and private consultancy practices. She has also trained as a workplace mediator. She holds the following academic qualifications, Certificate in International Development practice, Masters in Business Administration, BSc Human Resource Management, Certificate in Mediation and Conflict resolution and Prince2 project management. Helen has worked in eight countries across Europe, Africa and Asia. Helen held the positions of Chairperson (2017/2018) and Secretary (2015/2016, 2016/2017, 2017/2018) of the Bio Energy Therapists Association and is affiliated to F.I.C.T.A. Federation of Irish Complementary Therapist Associations.

Helen brings together all of the key elements from her holistic and business backgrounds to ensure a well-rounded Bio Energy Diploma course is provided to students who are ready to step into their own power at the end of their Diploma studies to fully bring their Bio Energy healing skills into their life and the lives of others.

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### **Founder and Lecturer**



**Qualifications:** 

Anatomy & Physiology, Devere Academy Swords

European Diploma in Bio Energy Therapy, European Institute of Bio Energy

Touch for Health Kinesiology, TFH Synthesis, International Kinesiology College

Dawson Program Corrective Sound Therapy, Dawson Program Plc Australia

#### Gemma Hipson

Founder of the Bio Energy Academy of Dublin.

Gemma started my career in Retail Management, during the seventies when she managed 11 shops with 11 Managers, 130 staff and a 7 million turnover in punts.

At the height of her profession in retail she diversified to property, completing her degree in land law and property under the auspices of the Irish Auctioneers & Valuers Institute.

During the nineties Gemma opened 3 outlets to manage her business, Fitzwilliam Street, Maynooth, and Raheny Village. In 2007 Gemma sold her business and completed Deepak Chopra's 7 day conference in Universal Energy. (The Seduction of Spirit) which led her to do The European Diploma Course in Bio Energy (2009/2010).

Gemma knew it was time to pass on her knowledge of Bio Energy and bring our unique Diploma Course of Bio Energy to prospective students. Gemma lectured with the Academy for many years and now attends for Guest lectures.

Gemma is also a qualified therapist of The Dawson Program Sound Corrective Therapy (www.dawsonprogramdublin.com)

Gemma Hipson was Chairperson of B.E.T.A. Bio Energy Therapists Association 2015 to 2017.

Affiliation:

F.I.C.T.A. Federation of Irish Complementary Therapist Associations.



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## **Guest Lecturers**

## Roots & Branches<sup>tm</sup> 5 Element Qi Gong





Declan Rothwell (B.Sc., Lic.Ac., OMBAcC).

Declan is a Classical Five-Element Acupuncturist practicing in Dublin, Ireland and Principal of COFEA.( College of Five Element Acupuncture- Ireland)

Declan graduated in 1984 from Trinity College with a BSc (Hons).

He qualified from the College of Traditional Acupuncture in 1997 with his Lic.Ac and continued to study with J.R & J.B. Worsley after graduation. Declan is a certified advanced teacher of Classical Five Element Acupuncture.

Declan is also running a busy T'ai Chi School with other teachers in Dublin.

#### Sean O'Neill (B.Sc., B.A. (Hons), Lic.Ac. OMBAcC)

Sean O'Neill is a classical Five Element Acupuncturist with a Dublin based clinic (www.5elementacupuncturedublin.com). Sean is a teacher and Course Manager at the College of Five Element Acupuncture (COFEA) Ireland (www.cofea.ie). Sean graduated in 1986 from Dublin City University with a BSc.

He qualified from the College Of Traditional Acupuncture in 2008 with his Lic.Ac. and a B.A. (Hons). Sean is running a busy T'ai Chi School with other teachers in Dublin (<u>www.taichichuan.ie</u>)

## **Bio Energy Protocol Assistant**



#### Aga Kutajczyk-Talaj

I started my journey with Bio Energy when I realised that conventional medicine didn't offer all the answers to my questions, so I ventured the journey of self-study not only to become educated but also to help my autistic child. In my earlier days this journey took me along wide detours including nutrition and herbalism and general interest in holistic living where connection to the nature is fundamental.

I received my qualification in Bio Energy Academy of Dublin. I specialise in three main forms of treatment:

- Aura, Chakras, Meridians electro-• magnetic body fields
- **Emotional Freedom Techniques (EFT)**
- The Planetary Tuning Energy Chimes.